



Tearfund is a Christian charity which partners with churches in more than 50 of the world's poorest countries. We tackle poverty and injustice through sustainable development, by responding to disasters and challenging injustice. We believe an end to extreme poverty is possible.

Thousands of people needlessly suffer and die every day because of poverty. But that's not God's plan for the world. We partner with local churches and organisations who have a crucial role to play in the places worst affected by poverty.

Our vision is to see people freed from poverty, living transformed lives, and fulfilling their God-given potential.

As we pursue this vision, we have four main focuses:

- **Meeting emergency needs** We respond quickly to meet immediate needs when crises and disasters hit vulnerable communities.
- **Mobilising churches** We envision, empower and equip churches to play their part in the development and transformation of their communities.
- **Transforming communities** We support communities to become resilient to shocks and stresses and work towards a better future for themselves and others.
- **Changing society** We seek to influence and change social, political, and economic systems and policies so that the poorest communities can get the services and opportunities they need to thrive.

**FLOODS IN PAKISTAN**

Monsoon floods on an unimaginable scale have devastated Pakistan. A third of the country is under water, and more than a million homes have been destroyed. More heavy rainfall is forecast for the coming weeks – meaning the situation could become even worse.

With huge numbers of people in desperate need of food, shelter and safe drinking water, it can be hard to know how to pray. But prayer is powerful and can make a difference. Please join us in praying for the people of Pakistan.



Please pray for:

- Those who have lost their loved ones. Ask God to draw near to them and comfort them in this time of grief.
- Provision of clean water, food and safe shelter for people who have lost their belongings, homes, livestock and livelihoods. Ask God to give them courage and strength during these challenging times.
- Protection from illness as flooding brings the risk of waterborne diseases. As people are forced to sleep outside or in tents, ask God to keep people safe.
- Tearfund and our local partners as we respond; pray we'll be able to reach everyone in need.

**FOOD CRISIS IN EAST AFRICA**

People across East Africa are facing starvation. More than 18 million are going hungry every day. Lives have been lost, and more are at risk. Another rainy season has failed and the region is experiencing the worst drought in 40 years. Crops can no longer grow in the parched ground. People are being forced to rely on expensive food imports, but the conflict in Ukraine has led to prices skyrocketing. The price of basic food supplies has doubled in the last few months.

'All we know is hunger,' Akina aged 12 from Uganda, tells us. 'When we sleep our stomachs are growling because we have not eaten for days.' Local church partners have shared heartbreaking reports of mothers eating just one meal a week so that they can give their children enough food to survive.

Tearfund's local church partners are on the ground in Ethiopia, Kenya and Uganda, distributing food & cash grants to thousands of people at risk. But resources are now stretched like never before.



**SUPPORTING UKRAINIAN REFUGEES**

Brutal conflict in Ukraine has sent more than five million people on a desperate race to escape. Homes and infrastructure have been destroyed. Families have been separated. Lives have been lost.

Huge numbers of people have been arriving at Ukraine's borders with surrounding countries. Many have no food, no shelter, and nowhere to go.

Our Christian partners are working around the clock to meet the immediate needs of these refugees



– providing support such as food, bedding and temporary accommodation.

Please pray:

- That people still in Ukraine will be protected from the violence; that there will be provision of essential supplies. Pray for vulnerable people who cannot flee.
- That refugees will find safe places to stay. Pray host communities will welcome refugees with compassion, and that there will be support for all in need.
- For healing for people who are wounded or have experienced trauma, and comfort for those grieving.

## GREEN CHURCH LEWES - OPEN DAY



**Saturday 10th September, venues across Lewes.** Take a stroll across Lewes to see some of the ways our town's churches are caring for nature in their grounds and supporting people most affected by climate change around the world. The digital map has all the information you need. See <https://bit.ly/LewesEcoChurchesMap> (printed copies available at each of the TRINITY churches).

Green Church Lewes Open Day is a collaboration between churches in Lewes supported by Churches Together in the Lewes Area and Lewes Climate Hub. We seek to encourage appreciation and care of God's creation and raise awareness of ways we can all reduce our carbon footprint. We choose to stand with those most affected by global warming by campaigning for climate justice.

Since the group formed in September 2021 we have initiated community events such as a pre-COP prayer walk and vigil and Climate Sunday services. As a new group, we are a work in progress and value contributions from everyone who would like to partner with us on this journey.

For more information email [lunt.lizl@gmail.com](mailto:lunt.lizl@gmail.com) or Rob Hoy or WhatsApp Green Church Lewes <https://chat.whatsapp.com/JkohDrISWe90TU0LJMj0pt> or join the Facebook group <https://www.facebook.com/groups/568562858159122>.

### SUPPORTING OUR LOCAL FOOD BANKS

TRINITY supports our local food banks and there is now a greater need than ever before, with more families in food poverty. There is an urgent need for:

\*pasta sauces      \*baked beans      \*tinned fruit      \*tinned meat  
and also empty egg cartons (preferably for 6 eggs, not 12).

However any of the following are gratefully received:

\*non-perishable foods      \*toiletries  
\*household cleaning items.



Thank you - all your donations are much appreciated!

### TRINITY FOR MEN BEEHIVES

The TRINITY For Men apiary at Southover is flourishing. Henry Foster is opening up our two colonies every Monday evening, weather permitting. Open to all, but please email [gentoo@clara.net](mailto:gentoo@clara.net) to express an interest and to confirm a time. We have some bee suits but suggest you bring marigold gloves or disposables. Bees are currently thriving; be as hands-on as you wish.



### CREATION CARE TIP OF THE MONTH

Feed your pets with better protein - Insect Protein!

Cats and dogs are fed mostly on meat protein (beef, chicken, lamb, fish), but did you know that more eco-friendly pet foods are now available?



Dog and cat food, both wet and dry forms suitable for all ages (and especially useful for those pets which may have allergies or digestive problems), are now on the market. They are made with insect protein, sustainably produced using vegetable waste, and using *much* less water, land & energy to produce than traditional meat, as well as giving fewer carbon emissions. These insect-based foods are used and recommended by vets including those local to us in Lewes.

Pets Corner sell some of the available brands eg Yora, and can provide brochures with more information. Current prices are a little higher than traditional meat foods, but the cost is said to work out the same as less food is required (being more concentrated).



Alternatively, consider using cat and dog foods produced from free-range chicken (rather than factory-farmed chicken) which are now also available, eg MacAdams which is produced locally.

### CLOTHES FOR REFUGEES AND HOMELESS

The clothes collection in TRINITY Southover porch is accepting clothes for men, women, children and babies. Any queries to Mary Boyum please on 07803 630831.



Café 12/31 is open for food and drink

Tuesday to Friday  
10:00am - 4:00pm

Saturday  
9:00am - 1:00pm

### TRINITY Southover is open for prayer

Monday & Wednesday  
12:00 noon - 4:30pm

Tuesday, Thursday & Friday  
9:30am - 4:30pm

Southover High Street, BN7 1JH

[trinitylewes.org](http://trinitylewes.org)

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